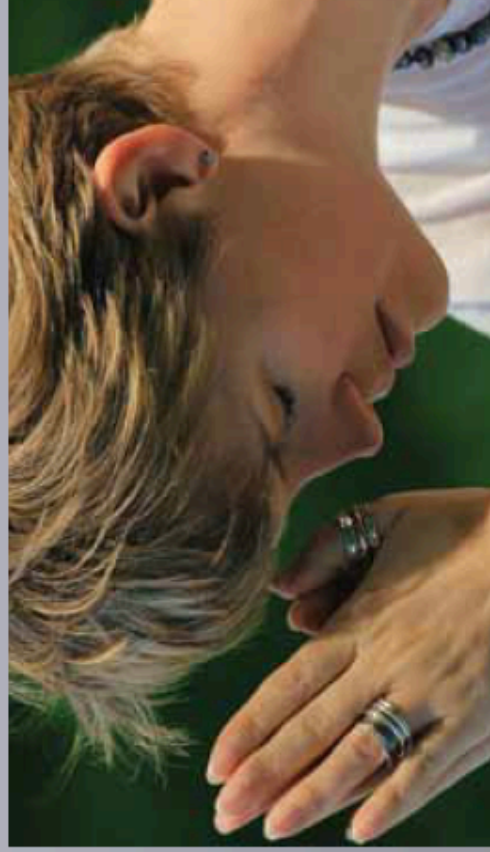


IESSAIAH TUNES INTO YOUR WELLBEING

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INTUITION plays a huge part in Iessaiah's work as a psycho-spiritual holistic therapist and energy healer. During a healing session, she describes a process of "scanning" the person's body to find out what is going on for them. "I tune into their wellbeing and I receive an awareness, a knowing of what is happening inside their body or mind. It is difficult to describe how the information comes to me but it is as though something speaks to me. The information can be quite specific. In the past I have been able to pick up on certain complaints or conditions that might have gone on to compromise an individual's health and wellbeing. By letting them know they need to take action, potential health problems can be averted." Iessaiah described how this worked with one client: "I told her I sensed there were some issues with fluid drainage in her body and I was concerned an infection could occur. When she went on to develop some symptoms, she was sufficiently forewarned to go to see her GP immediately who diagnosed the onset of Cellulitis." Iessaiah is quick to point out that she doesn't advocate that people should ignore conventional medical approaches. "Sometimes people use the term Medical Intuitive to

describe what I do. I prefer to think of myself as an enabler of wellness and greater being. Every session with me begins with a discussion about what is going on for that person and any physical or emotional situations they are aware of. We then move onto doing bodywork and healing and it is during this process that I sometimes receive information about health and wellbeing issues." Iessaiah combines the intuition of a naturally-gifted healer with the solid-underpinning knowledge of a complimentary therapist with more than 25 years' experience. She practices from The Arcturus Clinic in Totnes and The Exeter Natural Health Centre. Visit www.iesseaiah.com or call 07568 504347.